

Adults Unplugged: A Weekend Retreat

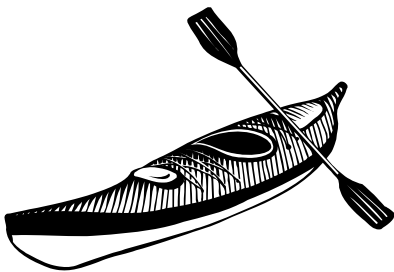
Kick off your shoes! Unplug! Escape reality!

Don't miss this chance to kick off your shoes and take a weekend adventure at Camp Timpoochee 4-H Youth Center. All proceeds go to the Reach Out With Science (ROWS) 4-H program.

- Food Demonstrations—Summer Cookouts that Sizzle
- Move it or lose it—Kayaking, snorkeling, yoga, line dancing
- Choose your own adventure—scavenger hunt, team building, etc.
- Learning is fun—environmental and healthy lifestyle workshops
- Evening R & R—campfire, music, storytelling, and other fun

Join the adventure

Saturday, May 30th 9 a.m. through
Sunday, May 31st 3 p.m.



- \$ PRE-REGISTRATION REQUIRED: Adults 18 yrs old and up ONLY
- \$ Registration fee: \$100 per person (NON-REFUNDABLE PAYMENT DUE ONE WEEK BEFORE CAMP)
- \$ Check Payable to: Okaloosa County 4H Fund
- \$ Mail to: UF/IFAS Okaloosa County Extension, 5479 Old Bethel Road, Crestview, FL 32536
- \$ For more information contact Brooke Saari at (850) 892-8172 or bsaari@ufl.edu Website: <http://walton.ifas.ufl.edu>



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