

# SANTA SHUFFLE



Walton County YMCA & Hammock Bay  
5k Run/Walk, 10K Run & 1 Mile Fun Run

**DATE/TIME:** Saturday December 20, 2008 – 8:00am  
**LOCATION:** Hammock Bay Hwy 20, Freeport Florida  
**COURSE:** Certified 10K and 5K courses, 5K is flat, out and back, on wide, bending blvd. 10K also flat, includes 5K course plus other out and back.  
**DIVISIONS/AWARDS:** 5K; 10K Overall M/F, Masters M/F (40+), and Grand Master M/F (50+)  
**Run Awards** 3 deep, 10-14, 15-19, 20-24, 25-29, 30-34, to 70+,  
**Walkers Awards** 3 deep (5K only), 1-19, 20-29, 30-39, 40-49, to 70+  
**FUN RUN:** Overall M/F, ribbons to all finishers  
 Kids 10 & Under 1 mile fun run approximately 9:30am

**T – Shirts, Refreshments, Awards, Music!** \*Tee Shirts to the first 400

**ENTRY FEES:** \$15.00 Pre Registration Postmarked by December 6, 2008  
 \$20.00 after December 6 & Race Day  
 \$10.00 Fun Run Kids 10 & Under

**Mail Early Registration form and entry fee:**

Walton County YMCA  
 137 Hwy 20 West  
 Freeport, Florida 32439  
 Make checks payable to: Walton County YMCA

**Online Registration:** [www.active.com](http://www.active.com)  
 Results will be posted at [www.eventtiming.com](http://www.eventtiming.com)

**CONTACT INFORMATION:**

Co-Race Director: Krystle Johnson Ph: 850.654.4126 EXT.116  
 Betty Armour Ph: 850-368-6508  
 Richard Kimmons Ph: 850-368-6537

We reserve the right to cancel or reschedule due to weather or unforeseen circumstances. No Refunds.

Participants Name \_\_\_\_\_ Gender  M   F  Birth date \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Age \_\_\_\_  
   Last  First  MI  Home Phone \_\_\_\_\_  
 Address \_\_\_\_\_  
                                     Street  City  State  Zip  Alternates Phone \_\_\_\_\_  
 Email address \_\_\_\_\_  
 Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_ / \_\_\_\_\_  
   Home  Work  
 Relationship \_\_\_\_\_

**PARENT/GUARDIAN INFORMATION (If under 18)**

Parent/Guardian \_\_\_\_\_ Phone \_\_\_\_\_ Home \_\_\_\_\_ / \_\_\_\_\_ Work \_\_\_\_\_  
 Employer \_\_\_\_\_ Work Phone \_\_\_\_\_

T – Shirt Size (check one): Youth S \_\_\_ M \_\_\_ L \_\_\_ Adult S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_ 2XL \_\_\_

I, the participant or parent/guardian of a participant under the age of 18, am choosing to participate (or authorize my child to participate) in Walton County YMCA 5K RUN/WALK, 10K RUN and FUN RUN located at Freeport 860 LLC I do hereby waive, release, and forever discharge the YMCA of Florida’s Emerald Coast, Inc. Freeport 860 LLC and all of its branches and its officers, agents, employees, representatives, executors, contracted personal trainers, and all others from any and all responsibilities or liability from injuries and damages resulting from my (or my child’s) participation. I understand that there are risks with any type of exercise program, and have consulted with my physician before committing myself to any of the programs/activities located at a branch of the YMCA of Florida’s Emerald Coast, Inc. If applicable, I hereby certify that my child(ren) is/are in normal health and capable of participating in a YMCA program activity. I understand that the YMCA of Florida’s Emerald Coast, Inc., its branches and Freeport 860 LLC are not responsible for personal property lost or stolen while members and/or program participants are participating in this event. I have read and accept the information provided in its entirety and accept these policies as the participant (or parent/guardian of a participant under the age of 18) in a program/activity provided by any branch of the YMCA of Florida’s Emerald Coast, Inc. I also grant the YMCA and Freeport 860 LLC permission for photographs or video of myself or minor child participating in this run/walk/fun run to be used by the YMCA association, whether locally or nationally, or Freeport 860 LLC. to help promote YMCA programs/activities.

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_